

### PRINCIPAL MESSAGE

Dear Parents and Carers,

It is hard to believe that we are almost at the halfway mark for Term 4. There is so much happening at Bass Hill PS this term!

In Term 4 every student has the opportunity to take part in our school-funded Gymnastics program. This is a wonderful opportunity for every student to engage with key PDHPE outcomes with access to high quality equipment and skilled instructors. It is wonderful to see our students making the most of this valuable learning opportunity each week. At Bass Hill PS we take pride in offering this program at no cost.

This term our school continues to see technology upgrades school wide with a vast increase in iPads and laptops across all stages. We are proud to be able to offer our students ready access to technology throughout every stage of their schooling.

Term 4 is certainly a busy time with a number of excursions taking place. Stage One head to the Zoo this week with Stage Two heading to Symbio, and Kindergarten spending a day at the farm. Year Six will head off on their annual excursion this term with Stage Three also having the opportunity to enjoy a science incursion with a focus on astronomy. It is wonderful to be able to offer our students these opportunities after the impact of COVID restrictions for so very long.

At Bass Hill PS we are committed to ensuring that our students get the best possible start to their schooling in the new year. As such, our school will engage in a new program called, 'Unlocking 2023' in Term 4. This program seeks to give students an opportunity to engage with Social Emotional Learning tasks in different groupings to determine the best possible placement of students in relation to peers and staff for the new year. Over the coming weeks, your child will have the chance to work with different teachers and new peer groups as we seek to ensure a smooth start to 2023. I have no doubt that this will be a valuable experience for all students.

### STUDENT LEADERSHIP 2023

In the coming weeks, students in year 5 will be receiving information regarding the school leadership process for 2023. This year, our Student Leadership process will also include House Sport Captains.

Our Student Leadership Framework for 2023 will be made up of 14 Year 6 leadership positions. These positions will be:

- 2 x Captains
- 4 x Prefects
- 8 x House Captains (2 students from each Sport house: Blaxland, Wentworth, Macquarie and Lawson)

Students will receive a note in week 5 explaining the process and timeline.

### Upcoming Events

<b>Thurs 3</b>	Stage 1 excursion – Sydney Zoo
<b>Tues 8</b>	Kindergarten excursion - Farm
<b>Wed 9</b>	Kindergarten Orientation
	Stage 2 excursion- Symbio
<b>Fri 11</b>	Remembrance Day
	Summer Gala Day 2

# What's going on @BHPS



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## PBL

### Playground Expectations

Earlier this term, years K-6 focused on the expectations on the playground.



## PLAYGROUND

Be in the right area

Include others

Play by the rules

Use equipment safely

Keep hands and feet to myself





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## Playground Duties

During breaks, students can easily find staff members to help as they are wearing bright fluorescent vests.



## Lunch Time



Lunch time is an important time of the day. Eating a healthy lunch can assist your child in staying focused and alert during learning time.

A healthy lunch box might include:

- Water
- Sandwich, wrap, roll
- Fruits or veg
- Grains or dry cereal
- Carrot and hummus
- Boiled Egg
- Cheese
- Homemade muffins
- Deli meat



You could even take your child shopping and ask them what they want to see in their lunch box!





# What's going on @BHPS



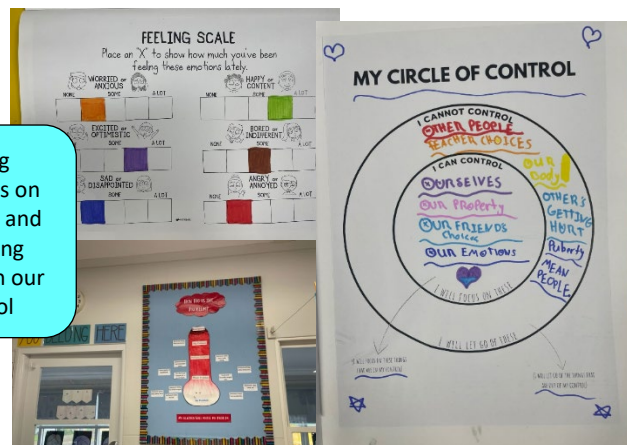
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## What's Been Happening in the Wellbeing Room?



Welcome to the Calm Corner

Rating emotions on intensity and exploring what is in our control



### Representing emotions



### Exploring our interests



### Collaboration and group discussions



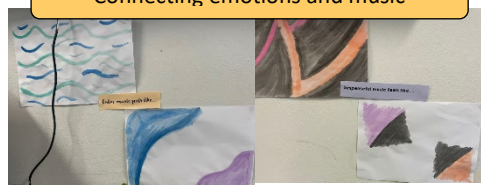
### Sensory experiences



### SEL Toolbox



### Connecting emotions and music



### Positive affirmations



### Linking texts and SEL



### Self expression





# What's going on @BHPS



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## Positive Mindset and Perseverance

3/4C and students in the Games Room painted and decorated individual fish to represent their perseverance to "just keep swimming" when things get hard.





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## The Benefits of Board Games, Cards and Puzzles



### 1. LONG TERM BENEFITS

Board games stimulate the hippocampus and prefrontal cortex of your brain. These are the parts of the brain that are responsible for complex thought and memory formation. So when you are playing a board game, you are strengthening your memory and logical thinking.

### 2. THEY HELP YOU DESTRESS

They tend to get the laughter rolling, with releases endorphins. This is responsible for helping you feel happy. Aside from that, they also help to get your mind off things and provide a fun and relaxing way to alleviate stress.



### 3. STRENGTHEN RELATIONSHIPS

Playing games is also a great way to strengthen relationships be it with your family or friends. This increased social interaction helps form emotional connections which we don't normally participate in as many a times, we are completely glued to our electronic devices.



### 4. RESPONSE TIME

Strategic board games like Monopoly and Risk help you work on quicker reactions when it comes to situations, which can be applied to other aspects of your life as well. Being able to think on your feet is really useful skill to have.



### 5. LIFE SKILLS

Playing board games also promote empathy and compassion as we engage with other players towards a common goal. Being empathetic is a key aspect of the Design Thinking process as it encourages us to put ourselves in the shoes of other people when coming up with solutions.



### 6. BOOSTS CREATIVITY

Many a times, board games requires players to come up with creative approaches and strategies to win the game. This can also be applied in other aspects of life where you'll need to come up with creative solutions to new problems.



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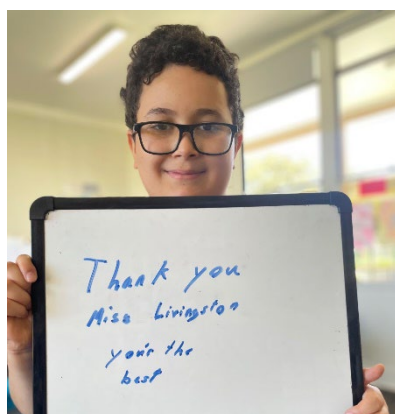
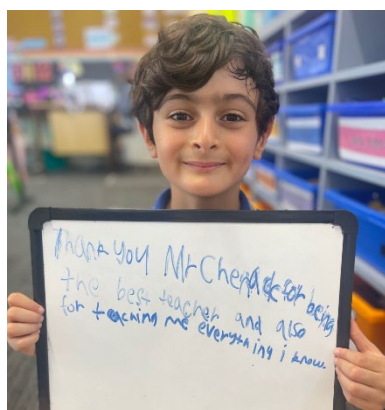
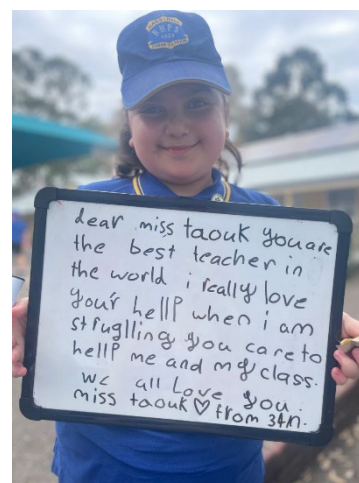
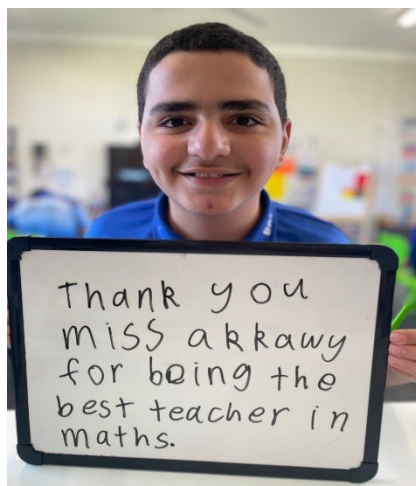
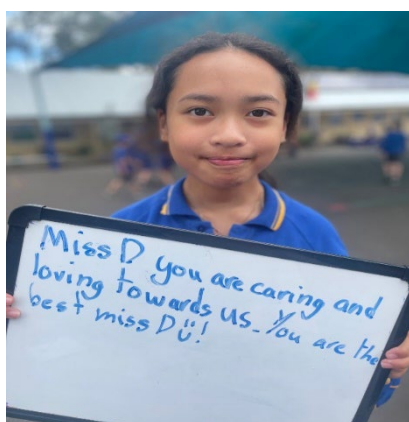
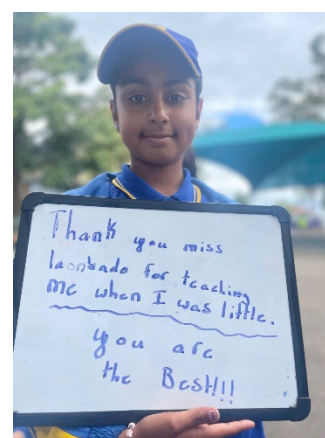
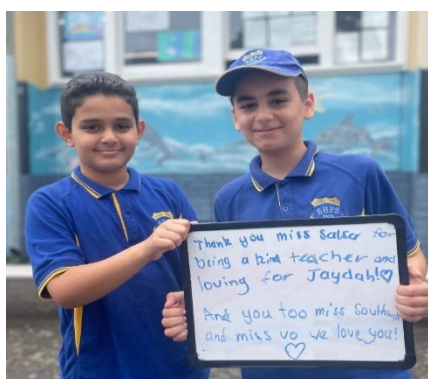


# What's going on @BHPS

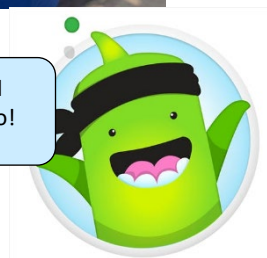


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## World Teachers' Day



Check out the full video on Class Dojo!



**BHPS**  
**Strive to Achieve**

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# What's going on @BHPS



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## Year 5 STEM

On alternating Wednesday afternoons, Year 5 participate in different activities while Year 6 get ready for Mini Fete. One of the options are STEM. This group has been using their determination and collaboration skills to build the sturdiest bridge out of pasta and marshmallows and then design the strongest boat only using aluminum foil!

### CHALLENGE 1: PASTA BRIDGE



### CHALLENGE 2: FOIL BOAT





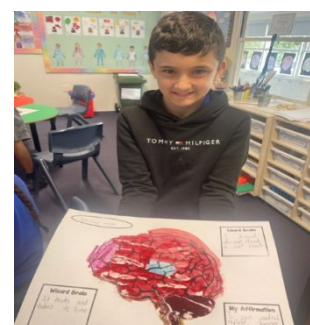
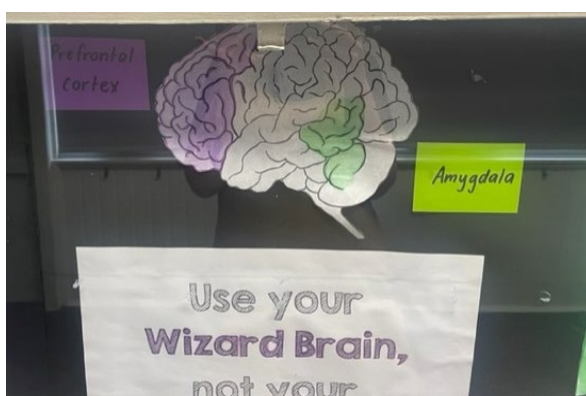
# What's going on @BHPS



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## Stage 3 Social and Emotional Learning

Stage 3 have been learning more about their emotions, reactions and what is happening in their brain when this is all happening. Students learnt about the "Wizard Brain" and the "Lizard Brain" before creating their own representations.





## KINDERGARTEN 2023 ENROLMENTS

For those parents and carers who have a student starting Kindergarten in 2023 or those of you who know someone in this position, this is a gentle reminder that we are taking enrolments now.

If you haven't made contact with the school and would like information about the enrolment process please contact the office via email: [basshill-p.school@det.nsw.edu.au](mailto:basshill-p.school@det.nsw.edu.au) or call on 9644 3431.

## SELECTIVE HIGH SCHOOL PLACEMENT IN YEAR 7 IN 2024

Selective high schools cater for high potential and intellectually gifted students.

They help students learn by:

- grouping them with other gifted students
- using special teaching methods so students can learn concepts in more detail and more quickly.
- supporting their well-being needs

Most students in selective high schools enjoy learning more when their classmates have similar abilities and interests. As well as providing for students' academic development, selective high schools also offer a broad range of classes and extra-curricular activities, such as:

- sports
- creative and performing arts
- music
- and special interest clubs.

Selective high schools are un-zoned so you can apply no matter where you live.

For entry to Year 7 in 2024, applications open on 18 October and close on 16 November 2022.

The Selective High School Placement Test will be held on 4 May 2023. The test will be paper-based.

For more information and to apply please click on the following link: <https://shsoc.education.nsw.gov.au/>



## Transport for NSW



## School Travel

### Term 4 2022

#### 2023 school travel applications are now open

Applications for student travel in 2023 open from **Monday 10 October 2022**.

Students who need a School Opal card or travel pass for 2023 can [apply](#) now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [renew or update](#) their details before **the end of term 4**. This will ensure that schools can endorse applications, and entitlements remain valid for the start of the 2023 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), we will send an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2023.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes.

Students/parents should confirm with their nominated operator if they do not receive a pass.

#### Travel from Term 1 2023

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for 2023 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2022, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a busy period for local transport operators, and students travelling without a valid ticket make service planning and operations difficult.



# What's going on @BHPS



Bass Hill Public School

School Travel  
Term 4 2022

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Students using School Opal cards are also reminded that they must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).



Further information can be found at [transportnsw.info/travel-info/using-public-transport/school-travel](https://transportnsw.info/travel-info/using-public-transport/school-travel)

Enquiries can be submitted at [transportnsw.info/contact-us/feedback/passes-concessions-feedback](https://transportnsw.info/contact-us/feedback/passes-concessions-feedback)

