



# Bass Hill Public School

611 Hume Highway,

Bass Hill NSW 2197

Phone: 9644 3431 Fax: 9644 5271

[Basshill-p.school@det.nsw.edu.au](mailto:Basshill-p.school@det.nsw.edu.au)

[www.basshill-p.schools.nsw.edu.au](http://www.basshill-p.schools.nsw.edu.au)

Dear Parents and Carers,

We are very excited to have the Life Education Van visiting our school in Weeks 4 and 5 this term. The program, which has been delivered in schools all over Australia, provides education to children, building the skills they need to lead safe and healthy lives.



Each class will visit the van for a 90 minute lesson, where the content being covered comes straight from the PDHPE syllabus. This is essential learning for your child, delivered in an exciting and engaging way. Programs are tailored to cater for the specific needs of each stage group.

Learning for 3A, 3/4D, 4R and 4S will focus on the module 'The Inside Story'.

It looks at the importance of:

- explaining the function and components of body systems
- identifying the factors that influence the function of body systems such as nutrition, exercise and medicines
- understanding the impact food choices have on health and energy levels
- understanding how culture and community influence our food choices
- understanding that physical health and wellbeing are interrelated

The cost of this invaluable incursion is \$12.00. Please return the attached slip along with payment to the school office by Thursday 8 August.

Kind regards

Mrs Gray and Ms Gonnet

Name \_\_\_\_\_ Class \_\_\_\_\_

I give permission for my child to participate in the Life Education Incursion with their class during either Week 4 or Week 5. I understand that this is part of their learning in PDHPE.

I have enclosed the payment of \$12.00.

I have paid online through School Bytes.

Signed \_\_\_\_\_

